

# When Doctors Disagree Where Does That Leave You And Me?

---

It leaves us where  
we should be



## The Nobel Prize in Physiology or Medicine 2005

# Do Doctors Disagree?

*Rewrote the text books.*

*It was a story that was 100 years in the making*



Photo: U. Montan

**J. Robin Warren**

Prize share: 1/2

Photo: C. Northcott

**Barry J. Marshall**

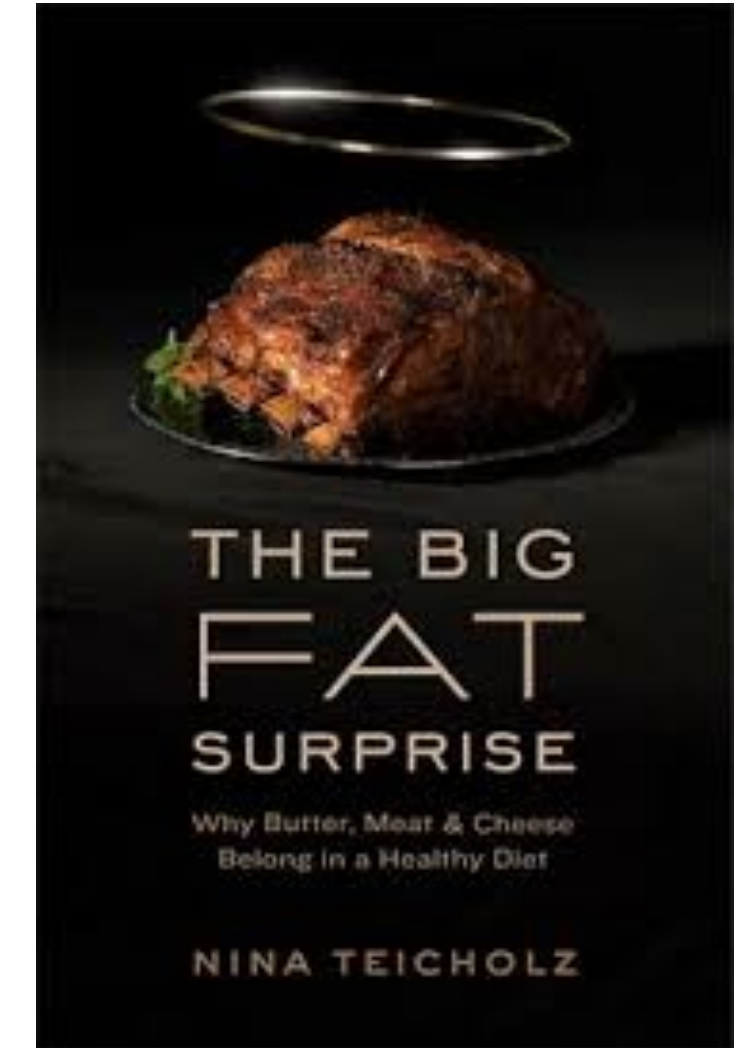
Prize share: 1/2

Prize share: 1/2

Barry J. Marshall

# Massive Confusion About What's Healthy

---



*The goal was to alter our diet for the better. Instead, we've laid waste to every nutritional hypothesis, lost the public's trust, and **killed countless millions in the process.** We will be suffering the aftermath of this Battle Royale for generations to come.*

Prof Robert Lustig

# Genes

---

Blaming your genes lately?

*It's just my genes!!!*



# My Genes

---





*Food is a powerful epigenetic modulator.*

Meaning it changes your DNA, for better or for worse

David Perlmutter MD